

BEAUTY SERVICES

WAXING - LADIES

Brow shape	f\$41
Lip	f\$47
Lip & Chin	f\$62
Underarm	f\$47
Bikini/Speedo	f\$82
Brazilian	f\$137
Half leg	f\$82
Full leg	f\$112

BRIDAL SERVICES

Enjoy your Bridal services in the comfort of your own room for an additional f\$55 per person.

BRIDAL BLISS

For all Brides who want to be pampered and look radiant on their special day. Start your blissful journey with our Signature Revive Facial followed by a bridal hair styling and make-up tailored to suit your need.

(150 MINUTES – f\$465)

HAIR STYLING	f\$200
MAKE-UP	f\$160
SHAMPOO BLOW WAVE	f\$100
FLOWER GIRLS HAIR	from f\$95

HENS PARTY PACKAGES

Book a girls day out at the Heavenly Spa and take advantage of one of our pampering packages (Minimum of 4 and maximum of 15 people)

HENS PARTY ONE

Commence your hen's party escape with an express facial followed by a file & polish of your fingers and toes. Package includes a glass of bubbly and a choice of 2 canapes per person.

(120 MINUTES f\$215 per person;
60 MINUTES treatment time)

HANDS & FEET

Upgrade to Shellac Polish – f\$50.00

ORANGE BLOSSOM MANICURE

Precious and expressive, your hands deserve to be nourished and pampered. This true spa treatment for hands combats all of the signs of ageing. Skin is exfoliated and finishing off with AHA perfecting masque, leaving skin deeply nourished.

(60 MINUTES – f\$114)

PARADISE PEDICURE

Balance is restored to your feet with a coconut milk cleanse followed by an exfoliation. While your feet are wrapped in a nourishing warm honey wrap, your experience will be enhanced with a body butter leg massage.

(60 MINUTES – f\$132)

WAXING - MENS

Back	f\$87
Chest	f\$85

TINTING

Lash Tint	f\$52
Brow Tint	f\$42

ESPECIALLY FOR BRIDE

Personalize your look on your special day and achieve the bridal image you've always dreamed of. Includes bridal up styling, bridal make up, setting of your tiara or veil plus extra personal touches to bring out your inner beauty.

(105 MINUTES – f\$355)

ADDITIONAL HAIR SERVICES

HAIR STRAIGHTENING

Straightening Iron	f\$40
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HENS PARTY TWO

Release tension and restore wellness with shoulder, neck and back massage followed by file and polish with a choice on fingers or toes. Package includes a class of bubbly per person and a deluxe tropical fruit platter.

(120 MINUTES f\$190 per person;
60 MINUTES treatment time)

Shellac Removal - f\$45.00

HEAVENLY HANDS & FEET

The ultimate treatment for your hands and feet. A warm paraffin treatment will soothe and soften the skin and your escape is complete.
(120 MINUTES – f\$230)

ESSENTIAL FINGERS

Reshape the nails, clean up the cuticles and massage moisture into the hands. Finish with a fresh coat of enamel.

(45 MINUTES – f\$82)

ESSENTIAL TOES

Feet are soaked and gently exfoliated; cuticles perfected and nails shaped, buffed and polished.
(45 MINUTES – f\$98)

HOW TO RECEIVE FULL BENEFITS OF A HEAVENLY SPA BY WESTIN TREATMENT

RESERVATIONS

Reservations on day of service and walk-in appointments are always welcome. We encourage our guests to schedule their appointments in advance to ensure preferred treatment or therapist availability. All reservations must be secured with a credit card or room number. To make a reservation, please call +679 675 8945, or dial 0 from your room phone and ask for the Heavenly Spa.

SPA HOURS OF OPERATION

Daily from 8 am - 8.30 pm. First service to begin at 8.15 am and last 60 minutes service will begin at 7.00pm. WestinWORKOUT® is open 24 hours daily and is accessible by guestroom key or complimentary for the day with a spa reservation. Spa hours of operation are subject to change. Our Spa Experience Consultants will assist you with any enquiries you may have at the time of your reservation.

HEALTH CONCERNS

Please inform our Spa Experience Consultant of any health issues. If you are pregnant or other significant health concerns, this information will help us properly advise you of the best service you can receive.

CANCELLATION POLICY

We require 6 hours' notice for changes, rescheduling or cancellations for our a la carte services and 24 hours' notice for services that are part of a package. The full price of your service(s) will be charged for all late cancellations, rescheduling or no shows. Please keep in mind that arriving late for a spa service may require us to shorten the length of the treatment with full charges applied, as to not inconvenience other guests.

SERVICE CHARGE AND GRATUITIES

All prices are inclusive of 25% tax, and are subject to change without notification. Additional gratuities may be given at your discretion for exceptional service.

THE WESTIN DENARAU ISLAND RESORT & SPA, FIJI

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TAKE TIME

Give yourself plenty of time to utilise the steam or whirlpool prior to your services. This will relax and warm the muscles, aiding in the therapeutic benefits of all treatments and services. We suggest arriving 30-45 minutes prior to your first service. Respect yourself and others by turning off communication devices prior to entering the spa, locker rooms and treatment areas.

COMMUNICATION

Prior to the start of your service, tell your therapist the areas you would like to focus on and any areas to be avoided. During your service let the therapist know if you feel any discomfort. Communication is the key to getting the full benefit from your Heavenly Spa by Westin experience.

GIFT CERTIFICATES

Give the gift of relaxation and stress relief to someone you care about, the Heavenly Spa by Westin gift certificates are perfect for any occasion

AGE REQUIREMENTS

Guests of the Heavenly Spa must be at least 16 years of age for the use of the locker rooms, fitness facilities and spa treatments. A parent or guardian will need to be present when minors between 16 - 18 receive services or use the facilities. Salon treatments are available for guests under 16 with parental supervision.

PERSONAL VALUABLES

All personal belongings should be locked in your hotel room safe as the Heavenly Spa by Westin does not take responsibility for misplaced or lost items.



heavenly spa
BY WESTIN

Awaken Your Senses

For a better you.™

BODY TREATMENTS

INTENSE NOURISHMENT

A pampering experience which combines massage techniques with exfoliation and a body wrap to promote calmness as well as improved overall wellbeing. Your nourishment journey begins with a body exfoliation to relax and soften the skin before immersing into a soothing precious milk bath, followed by an Ayurveda traditional Indian massage to calm your mind and re-energize the body. Conclude your experience with a sublime body wrap to maximize hydration leaving your skin feeling intensely reinvigorated. (90 MINUTES - f\$360)

AWAKEN RITUAL

Your senses are awakened by the massage application of natural marine mud and sea salt which infuse their benefit via a body wrap. Your skin is then exfoliated to eliminate dead skin cells, alleviate any roughness and invigorate the entire body by activating microcirculation. This ritual is completed with a light massage using a conditioning body cream leaving your skin soft and smooth. (90 MINUTES - f\$365)

ENERGIZE SCRUB

A relaxing all-over body exfoliation and layering of richly nourishing products to leave the mind energized and the skin looking radiant and feeling wonderfully smooth. (30 MINUTES – f\$140)

HOT STONE RITUAL

For deep relaxation, indulge yourself with a full body exfoliation to smooth your skin using gentle sea salt and marine algae. After a full body exfoliation, warm volcanic basalt stones are applied to specific points on the body to relax and eliminate toxins. The cool marine stones are applied to re-mineralize the body. During this ultra-sensorial experience incorporating a unique massage technique using the marine hot stones, tension quickly gives way to deep relaxation. (90 MINUTES- f\$300)

VICHY SHOWER

This treatment is a luxurious Fijian water jet treatment that hydrates the skin and relaxes the muscles. The warm cascade of the 7 water jets triggers energy points while exfoliating to increase circulation before a full body traditional massage to rejuvenate and revitalize the body and soul. (90 MINUTES - f\$255)

AFTER SUN COOLING WRAP

A cooling wrap designed specifically to relieve sunburn or sensitivity due to excessive sun exposure. The dilo gel is gently applied over the whole body to reduce irritation and inflammation deep in the skin, leaving it calm and soothing while repairing and hydrating the skin. Includes a hair and scalp massage to restore damage tresses. (45 MINUTES - f\$170)

PASSAGE TO FIJI PARADISE

A full body exfoliation followed by a luxurious bath of hydrating coconut milk and a body wrap with warm beach stones. Treatment concludes with a harmonious massage. (90 MINUTES – f\$325)

HERBAL BODY DETOX

Start the journey with a dilo and ginger root masque exfoliation rich in antioxidants that lifts impurities, enhances stimulation and circulation. The journey finishes with a lymphatic drainage massage. (90 MINUTES – f\$345)

LIME RENEWAL RITUAL

Rejuvenate yourself with this ultimate body peel treatment that is both gentle and effective. This skin renewal experience rich in antioxidants begin with a peptide body masque to loosen the bonds between the surface layer of your skin cells before a deeper exfoliation. While the masque is applied to your body a Fijian warm oil scalp massage is performed. We complete a raw cane sugar exfoliation to polish away dead and dry skin while nourishing newly revealed skin and finish the treatment with a body massage. (90 MINUTES – f\$245)

HONEY MELT RITUAL

Designed to hydrate and nourish skin, exotic nut oils gently exfoliate the body before a moisturizing honey masque is applied and massaged into the skin with warm stones (75 MINUTES – f\$260)

ORANGE BLOSSOM COUPLES MASSAGE

Retreat into blissful relaxation side by side with the sounds of nature. Begin your experience with a nourishing outdoor milk bath followed by a raw cane sugar scrub where your skin is gently polished to perfection before your body is wrapped for enrichment and concludes with a relaxing back massage. (90 MINUTES – f\$555)

COUPLES INDULGENCE EXPERIENCE

Enjoy a romantic 60 minute massage side by side in the tranquil surrounds of our Vale Levu suites and complete the indulgence experience in your own private outdoor bath with soothing music to take you both away from it all. (75 MINUTES – f\$455)

HYDROTHERAPY

Your experience begins with an energizing scrub before gently immersing yourself in to a sequence of jets programed with air and warm water that will alleviate aches, strengthen your immune system, stimulate circulation and the lymphatics. Complete your experience with a full body massage using hydrating cream, leaving your skin feeling silky smooth. (75 MINUTES - f\$260)

MASSAGE

ALL BODY MASSAGE HAS A CHOICE OF COCONUT, FRANGIPANI, WHITE GINGERLY AND PINEAPPLE OIL FRAGRANCE.

❖ HEAVENLY SPA SIGNATURE MASSAGE

Begin by restoring balance and reducing tension with our signature heavenly massage. A heated compress invites back muscles to relax before unwinding with a full body massage to stimulate a sense of wellbeing and relaxation. (60 MINUTES – f\$195 or 90 MINUTES –f\$270)

WARM SEA SHELL MASSAGE

Experience a unique Fijian ritual of warm seashell massage combined with bliss oils to melt away tension, restore balance and increase positive energy flow bringing your body and mind into harmonious balance. (60 MINUTES – f\$250)

FIJI BOBO MASSAGE

This traditional massage passed down for generations brings you the touch and scent of Fiji to enhance deep relaxation and rejuvenation. Balance is restored with a healing touch. (60 MINUTES – f\$195 or 90 MINUTES – f\$270)

PACKAGES

All packages tailored for either HIM or HER.

HOPE

Skin is smoothed, muscles released and thoughts uplifted with an energize scrub followed by Heavenly Spa Signature Massage. (90 MINUTES – f\$299)

HEAVENLY JOURNEY

A head to toe makeover to kick start your relaxing journey. Let your worries melt away and feel your body relax with this firm but gentle relaxing back massage followed by a express facial to refresh and revitalize your skin, finishing with essential fingers and toes. During your journey a fruit platter will be served. (150 MINUTES - f\$395)

FOUR HANDS MASSAGE

A truly unique treatment: two therapists employing synchronised massage techniques deliver an experience normally reserved for those who have the luxury of significantly more time. A deserved indulgence for the sophisticated spa goer. (60 MINUTES – f\$329)

PEACE MASSAGE

Designated for the active individual, this full body massage uses Swedish technique with deep tissue and direct pressure to release muscle tension and soreness promoting wellness. (60 MINUTES – f\$205 or 90 MINUTES – f\$280)

ULTIMATE PREGNANCY MASSAGE

Relieve tired muscles with a massage designed especially for mums to be. The massage is performed while you lie on your side with pillows placed for extra comfort, leaving you feeling relaxed and renewed. (60 MINUTES – f\$195)

REFRESHING ESCAPE

Take time for yourself to reconnect and refresh before you continue your day. Your relaxing back massage and express facial is designed to relieve your tension of travel and relax you instantly into holiday mode. (60 MINUTES - f\$200)

DREAM

Surrender to the healing touch of a 60 minute Heavenly Spa Signature Massage followed by our 60 minute Heart of the Ocean facial that will elevate your mood. (120 MINUTES – f\$435)

ASPIRE

Escape into a head to toe renewal ritual. This escape commences with a 60 minute Heavenly Spa Signature Massage followed by a 60 minute Heart of the Ocean facial and finishes with a 30 minute Signature Hand & Foot treatment. Tensions eased and skin renewed whilst you enjoy a menu item from our Spa cuisine (180 MINUTES includes a choice of spa cuisine – f\$605)

All Body Treatments, Packages, Facials include a glass of champagne or a choice of tea or fruit juice

THALGO FACIAL TREATMENTS

60 MINUTES facials includes a hand and arm massage. 75 MINUTES includes a hand massage and scalp massage.

HYDRA MARINE RITUALS

A moisture boosting delight for all skin types but mainly for dehydrated thus delivers intense and lasting hydration. (Excellent for post flight hydration) (60MINUTES – f\$275)

COLD MARINE RITUALS

Perfect for dry and sensitive skin using concentrate rich in algae oil. Wax is gently infused to counteract the signs of dryness whilst soothing plant extracts eliminate irritation and redness. Leaves your skin soft, soothed and restored. (60MINUTES- f\$275)

REVIVE RITUALS

A deep cleansing facial using an enriched masque of pure natural seaweed which revitalises the skin. Tailored for a unique skin type leaving your skin energised with a radiant complexion. (60MINUTES - f\$275)

COLLAGENS FACIAL

Reduce the signs of ageing as they appear with this facial designed for first wrinkles delivering instant anti-ageing results. The collagen masque smoothers fine lines and has a plumping effect. (75 MINUTES - f\$285)

HYALURONIC FILLERS

This smoothing and filing facial is designed for more pronounced wrinkles. Targeted strips infused with Hyaluronic acid are applied to wrinkles and areas of concern to plump out lines and reduce their appearance leaving your complexion glowing and skin looking younger. (75MINUTES - f\$285)

SILICIUM SUPER LIFT FACIAL

Dare to defy time with this super lift facial designed to combat all the signs of ageing, loss of firmness, pronounced wrinkles. A duo of masques with hyaluronic infused collagen to fill wrinkles and a firming masque to lift the contours of the face and neck. Your complexion will glow with lines will be less noticeable. (75MINUTES - f\$295)

ENHANCEMENT

Add in the following to customize your face, massage or body ritual even further.

EYE TOUCH / EYE EXPERT TREATMENT

The eye area is cleansed and massaged using dedicated eye products. The Thalgo Eye Massage device gently massages the eye contour area. An instant rejuvenation of the eye contour area with puffiness and dark circles reduced, lines and wrinkles gently smoothed - (30 MINUTES - f\$135)

RENEWAL RITUAL

An unforgettable 30 minutes therapeutic scalp and shoulder massage with a moisturizing hair oil treatment. (30 MINUTES - f\$115)

PURE FIJI FACIAL

60 MINUTES facials include a hand and arm massage. 75 MINUTES include a hand massage and scalp massage.

HYDRATING FACIAL

Enhance dehydrated skin with our botanical blend of oil and powerful plant extracts. This blend will hydrate, balance and revitalize combination skin. (60 MINUTES - f\$200)

FIRMING FACIAL

Instantly lift, tighten and firm. This firming facial uses high natural ingredients to restore glowing complexion and soften the appearance of fine lines, wrinkles and skin discoloration. We will deeply moisture and restore radiance and elasticity to the skin. Perfect for those who are showing signs of premature ageing and sun exposure. (60 MINUTES - f\$210)

RESTORE FACIAL

Feel your tension melt away as you lie back to start of your facial with a relaxing back massage followed by a Hydrating Facial. (75 MINUTES - f\$250)

EXPRESS FACIAL

A treat to refresh and purify in just 30minutes. Begin with a thorough cleanse, exfoliation, toner, serum, face massage and conclude with hydrating day cream applied to your skin leaving your skin revitalized. (30 MINUTES - f\$116) add to any massage or body treatments.

SERENITY FOR MEN FACIAL

Deeply cleansed, relaxed and recharged, your skin regains its energy. Reduce fatigue and revitalize your skin, this treatment is specifically designed to meet the needs of the everyday man. (60 MINUTES - f\$275)

All prices are inclusive of 25% Government taxes.

For reservations, please contact the spa to schedule your appointments. We require 6 hour notice for changes or cancellations.

❖ Signature heavenly experiences

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